



SUGGESTIONS ON WHAT TO BRING ON

BAJA KAYAK ADVENTURE TOURS

- 3 season sleeping bag (2 season bag for November & March trips)
- tent that can be staked down in high winds (rentals available \$25 - reserve in advance)
- insulite or thermarest
- mug (we provide cutlery and bowls to eat from)
- sun hat / sunscreen / sun glasses / swimsuit
- toilet paper / zip lock bag / soap (hand sanitizer/water-less soap – e.g. Purell – is easy) Baby wipes are useful to freshen up
- 2 pairs of foot gear - one pair will get wet getting into and out of boats.
- clothes - space is at a bit of a premium, and most people tend to bring more than they really need. Some days you will paddle in shorts and a T-shirt, although polypro tops & bottoms are a good supplement for Jan/Feb trips. Long sleeves & pants are key for the sun-sensitive. Fleece pants & jacket (or wool sweater) and a toque are very nice for cool nights, and a windbreaker is good for Jan/Feb trips. This is Baja's winter too, and its desert environment results in a wide range of temps.
- stuff sacks for your food (optional); waterproof container for your camera or binocs (vital)
- dry bags (if you own them already) 22 litre or smaller (larger sizes are hard to fit into kayak hatches)
- small water bottle - to keep on your boat deck
- flashlight (headlamp – e.g. Petzyl – is handy)
- snorkeling gear
- wetsuit or long sleeve shirt for snorkeling (for warmth, and protection from tiny jellyfish, which were abundant last year)
- ear plugs (if you're going to camp in Loreto before and after the trip—lots of roosters and dogs)
- camp chair with no legs (e.g. Crazy Creek Chair) - very much optional, but nice for the lower back
- Mexican Tourist Card - (it comes with your plane ticket, or it will be handed out on the plane)
- passport
- medical insurance for travelers
- knowledge that your tetanus booster is current
- any medication you might need (e.g. aspirin, graval, immodium). Our staff are certified in first aid but are not permitted to prescribe or administer any drugs.
- MEALS: Each paddler is responsible for a share of group meals (two meals if trips are full), which we'll pre-assign (e.g. breakfast on day 2 and dinner on day 4, to feed 11 people). We can send a list of ideas if you ask, or you can see it at www.bajakayakadventures.com/files/meal-ideas-2007.pdf

RENDEZVOUS: ("Day One" is the first listed day of the trip: e.g. on Feb 16-22 trip, Feb 16 is Day One)

Coastal route: DAY ZERO (the day before the trip starts) - 2 PM MST (NB one hour later than LA or Vancouver time) the afternoon prior to your trip at El Pescador supermarket. Here we can pack trip gear into our van, go food shopping, get dinner, then taxi 50 miles north to San Nicolas, where we'll camp overnight, launching early the next morning.

South Islands route: DAY ZERO (the day before the trip starts) – 4 PM MST (NB one hour later than LA or Vancouver time) the afternoon prior to your trip at Cafe Ole, for food shopping. You stay overnight in Loreto this night. DAY ONE - 8am at your hotel, having had your own breakfast, for shuttle to Puerto Escondito.

La Paz Route: DAY ZERO (the day before the trip starts) - 2:00 p.m. at El Pescador Super Mercado for food shopping, loading vans with your gear and bags, and shuttling to Liguí for dinner and camping that night. The guides will provide dinner for group. Start paddling South in the morning of DAY ONE.

Coronado Island Route: DAY ZERO (the day before the trip starts) – 4 MST Meet the guides at Café Ole for a pre-trip meeting. You stay overnight in Loreto this night. DAY ONE – 8 AM pick up at your hotel, having had your own breakfast, for shuttle to launch site.

Islands to Agua Verde route: DAY ZERO (the day before the trip starts) - 4 PM MST (NB one hour later than LA or Vancouver time) the afternoon prior to your trip at Cafe Ole, for food shopping. You stay overnight in Loreto this night. DAY ONE - 8am at your hotel, having had your own breakfast, for shuttle to Puerto Escondito.